

TRIANGLE FAMILY CARE, P.A.

106-A Ridgeview Drive
Cary, NC 27511
(919) 319-6363
Fax (919) 319-1331

As many of you know, I returned to private practice on June 3, 2019 as a concierge/self-pay model. Fortunately, it has been quite successful and allows me to practice medicine the “old fashioned way,” and provide more personalized experience using the knowledge I have accumulated over the past 30 years since graduating medical school. To stream-line the practice more, there will be a few changes starting in January, 2020. In order to be able to help with referrals, order high-cost tests (CT and MRI) and help with non-formulary medication, I unfortunately need to participate with most insurances. What this means is that the money that patients pay is only an “access fee” that is above and beyond what insurance pays for a visit. However, you will only be responsible for the “access fees” as outlined below. Co-pays, co-insurance, money attributed to deductibles, etc. will be internally waived. There will be two membership options. Either option may be great for patients with high-deductible plans as most of us with that type of plan have to pay thousands of dollars before the insurance “kicks in.”

Full Concierge (12-month commitment)

- 24/7 access to me via cell, email, text
- no additional fees
- same or next day appointments
- 30-60 minute visits
- after hours visits if necessary and per arrangement
- house or home visits if necessary and per arrangement
- unlimited office visits, emails and texts during the year

Cost of Full Concierge for 1/1/2020-12/31/2020 is calculated as follows:

Number of medical problems (see below list): _____
(diabetes, hypertension, high cholesterol, congestive heart failure, heart disease, atrial fibrillation, asthma, kidney disease, frequent UTIs, chronic pain, ADD/ADHD, depression, anxiety, allergies, thyroid problems, arthritis, HIV, anemia, COPD, cancer, lymphoma, sarcoma, hormone therapy, anything else you take medication for not listed)

If 2 (two) or less medical problems:

Age 5-26	\$39.00/month or \$468.00/year (less 5% if paid once = \$445.00)
Age 27-49	\$83.00/month or \$996.00/year (less 5% if paid once = \$946.00)
Age 50-65	\$110.00/month or \$1,320.00/year (less 5% if paid once = \$1254.00)
Age 66+	\$138.00/month or \$1,656.00/year (less 5% if paid once = \$1573.00)

If 3 (three) or more medical problems:

Age 5-26	\$50/year or \$600.00/year (less 5% if paid once = \$570.00)
Age 27-49	\$100.00/month or \$1,200.00/year (less 5% if paid once = \$1140.00)
Age 50-65	\$125/month or \$1,500.00/year (less 5% if paid once = \$1425.00)
Age 66+	\$150/month or \$1,800.00/year (less 5% if paid once = \$1710.00)

Pay as you go (minimum 3-month commitment):

- Do NOT have 24/7 access
- access to 30 minute or 60 minute appointments
- only 3 month's supply of medications given at a time**
- Any paperwork, prescription refills, after hour calls, emails, etc. are charged an extra fee

Cost of Pay as you go:

- 30 minute office visit - \$138.00 (i.e. routine follow up)
- 60 minute office visit - \$275.00 (i.e. physical examination)
- Prescription refills not done at time of appointment - \$50.00/prescription
- Telephone calls - \$50.00-\$100.00
- Emails - \$50.00
- Signing of or completion of forms - \$50.00-\$100.00
- Anything else that takes my time and knowledge that is NOT done at a visit - \$50.00-\$100.00

The pay-as-you-go model is a good option for patients who take no or few medications and do not need a lot of after-hours care and don't need to see a healthcare provider more than 4 times per year, but if the patient takes any medications; expect 4 visits per year (three routine visits at \$138.00 and one physical at \$275.00 = \$689.00).

If you have a flex spending or healthcare savings account, you can use that pre-tax money to pay the concierge fee or the "pay-as-you-go" office visit fee. I will be limiting the practice to 600 patients at this time. For additional information, please see our website at www.trianglefamilycare.com.

Membership fees are to be paid annually around 1/1/2020 or monthly at the first of every month. The fee for either option is solely to access Dr. Craig Stevens. Your insurance, if you have any, will be filed and any money they pay will NOT be reimbursed to the member. Once paid in full, the annual fee cannot be changed for the year the fee is paid. Membership can be terminated or cancelled by either party at any time with 90 (ninety) days advanced, written notice. If the notice is to CAS Premier Health, the address to which all correspondence should be sent is: CAS Premier Health, LLC, 106-A Ridgeview Drive, Cary, NC 27511. If the notice is to the member, the address on file is where all correspondence will be sent. Please note the "pay as you go" model requires a three-month commitment. If membership is cancelled or terminated, reimbursement for unused services will be prorated and paid within 90 (ninety) days after notice of termination is received.

I agree that I have read and understand the above retainer contract in its entirety. By my signature below, I agree to all the terms and conditions of the above retainer contract between myself and CAS Premier Health, LLC. Please complete the membership information on the following pages.

Signature: _____ Date: _____

Printed Name: _____